



PARTNERSHIP FOR AWARENESS

Teen Scene Unplugged!  
Resource Fair Participants

## DRUG & ALCOHOL ABUSE

**Insight Treatment Program**

[www.insighttreatment.com](http://www.insighttreatment.com)

## MENTAL HEALTH

**Institute of Girls' Development**

**Melissa Johnson, Ph.D.**

[www.instituteforgirlsdevelopment.com](http://www.instituteforgirlsdevelopment.com)

626-585-8075

**Mindfulness-based Stress Reduction**

**Elisha Goldstein, Ph.D.**

**Stefanie Goldstein, Ph.D.**

[stefanie@drsgoldstein.com](mailto:stefanie@drsgoldstein.com)

[elisha@drsgoldstein.com](mailto:elisha@drsgoldstein.com)

310-597-9276

[www.drsgoldstein.com](http://www.drsgoldstein.com)

**Positive Psychology**

**Andre Van Rooyen, Ph.D.**

Pediatric and Adolescent Psychology Associates

Arcadia

818-986-4362

## PHYSICAL HEALTH AND FITNESS

**Girlfriend's Medical Group**

**La Tanya Hines, M.D.**

Pasadena

626-793-5250

[info@girlfriendsmedical.com](mailto:info@girlfriendsmedical.com)

[www.girlfriendsmedical.com](http://www.girlfriendsmedical.com)

**Studio Physique**

**Justin Watson**

2148 Huntington Drive

San Marino

626-576-9600

## TEEN ACTIVITIES

**San Marino Teen Center**

1890 Huntington Drive

626-300-9819

## TEEN DRIVING

**State Farm Insurance**

**James A. Tanner**

2435 Huntington Drive

San Marino

626-792-5151

## TEEN SAFETY

**San Marino Police Department**

626-300-0720

1613 Chelsea Road, Suite 154,  
San Marino, CA 91108

[www.partnershipforawareness.org](http://www.partnershipforawareness.org)



PARTNERSHIP FOR AWARENESS

## Teen Scene Unplugged! Additional Resources for Help

### YOUTH HOTLINES AND WEBSITES

**Teen Line:** Teens staff lines under supervision of professional counselors  
800-TLC-TEEN, 310-855-4673  
[www.teenlineonline.org](http://www.teenlineonline.org)

**Info Line of Los Angeles:** Family Problems, Legal Help  
626-350-6833  
[www.infoline-la.org](http://www.infoline-la.org)

**Teen Helpline**  
800-TLC-TEEN, 310-855-HOPE (Cedars-Sinai Medical Center  
Confidential Teen Line)

**Child Abuse Hotline:** 24 hour service of L.A. County  
800-540-4000

**CyberTipline:** report internet incidents  
800-843-5678  
[www.cybertipline.com](http://www.cybertipline.com)

[www.teencentral.net](http://www.teencentral.net) (Anonymous help-line website)

### ALCOHOL & SUBSTANCE ABUSE

**ACTION Family Counseling:** 24 hour helpline  
800-367-8336  
[www.actionteen.addr.com](http://www.actionteen.addr.com)

**Al-Anon/Al-Ateen:** support group for family & friends of alcoholics  
888-425-2566  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

**Alcoholics Anonymous**  
800-923-8722  
[www.aa.org](http://www.aa.org)

**DrugHelp:** 24 hour referral network  
800-378-4435  
[www.drughelp.org](http://www.drughelp.org)

**Los Angeles County Alcohol and Drug Program**  
800-564-6600  
[www.lacounty.gov](http://www.lacounty.gov)

**National Council on Alcohol & Drug Dependence:** [www.ncadd.org](http://www.ncadd.org)

### FAMILY SERVICES

**Asian Hot Line:** Child Abuse, Battered Wives  
800-339-3940  
[www.cpaf.info](http://www.cpaf.info)

**The Center for Non-Violent Education and Parenting**  
213-484-6676  
[www.nonviolentparenting.org](http://www.nonviolentparenting.org)

**Toughlove:** Parent Support Group dealing with Teenagers  
800-599-8820

### HEALTH SERVICES

**Healthy Families**  
800-339-6993  
[www.healthyfamilies.ca.gov](http://www.healthyfamilies.ca.gov)

**U.S. Department of Health and Human Services**  
[www.hhs.gov/kids/index.html](http://www.hhs.gov/kids/index.html)

### MENTAL HEALTH SERVICES

**Mental Health Hotline:** 800-234-0420

**EMQ Children and Family Services**  
408-379-9085  
[www.emq.org](http://www.emq.org)

**Pacific Clinics:** Behavioral and mental healthcare services  
626-287-2988  
[www.pacificclinics.org](http://www.pacificclinics.org)

**Mental Health Association of California**  
[www.mhac.org](http://www.mhac.org)

**National Eating Disorder Association**  
[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

### RAPE/SEXUAL ABUSE/SEXUAL HEALTH

[www.stayteen.org](http://www.stayteen.org) (Relationship realities and sex myths)

**Rape Hotline:** 213-626-3393

[www.911rape.com](http://www.911rape.com): rape treatment center

**Planned Parenthood of Pasadena:** 626-798-0706

### RUNAWAY

**Hotline for Runaways:** 800-843-5200

**Missing Children Hotline:** 800-843-5678

### SUICIDE

**Suicide Prevention Hotline:** 24 hour crisis line  
877-727-4747  
[www.suicidepreventioncenter.org](http://www.suicidepreventioncenter.org)

**Teen Suicide Hotline:** 800-564-2120

**TREVOR Helpline for Gay Youth:** 24 hour national hotline  
800-850-8078  
[www.thetrevorproject.org](http://www.thetrevorproject.org)

**Youth Crisis Hotline:** faith-based, 24 hour hotline  
800-HIT-HOME, 800-448-4663  
[www.1800hithome.com](http://www.1800hithome.com)

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